## "What Can I Do?"

Heads of Educational Institutions

- Clearly understand the tobacco control law.
- Organize events and clubs to educate school staff and students about the tobacco control law, the hazards of smoking and inhaling of secondhand smoke.
- Stop people from smoking in your educational institution and report against violators, in writing, to a first-class magistrate. (Sections-5 & 13)
- Ensure that no one smokes in school/college buses. Bus drivers and conductors are authorized by law to stop smoking in their vehicles and to file a complaint in writing before a first-class magistrate against violators. (Sections 4 & 6)
- Report to the police if someone sells cigarettes to anyone who is below 18 years of age. (Sections-8 & 13)
- Report to police if someone sells cigarettes and other tobacco products within 50 meters of your educational institution. (Sections-9 & 13)
- Display "No-Smoking Signs" outside and inside your educational institution. (Section-10)
- A head of an educational institution is authorized by Section-12 to eject a smoker from the educational institution of which he or she is in-charge. (Section-12)



Smoking causes neck cancer

"Money spent on tobacco means money not spent on food, education, health & other basic needs"



Smoking causes cancer of larynx (throat) among other cancers I will never be able to talk!

## Sheesha Smoking:

A New Source of Death!

- Contrary to popular belief, the smoke from a "sheesha" or water-pipe contains numerous toxicants that cause lung cancer, heart disease and other diseases.
- Even after passing through water, the smoke contains cancer-causing chemicals. Sheesha is not a safer alternative to cigarettes!
- In a typical 1-hour long sheesha smoking session, a smoker inhales 100 200 times the volume of smoke, than by smoking a cigarette.
- By sharing a sheesha mouthpiece, one runs a serious risk of transmission of tuberculosis and hepatitis.

(Source: WHO Advisory Note on Waterpipe Tobacco Smoking)

## Tobacco Control Laws and Procedures: Information for Heads of Educational Institutions



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